



Disney Tangled

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A facilitator's guide for youth workers, leaders, educators and families to accompany the movie, *Tangled*.

Ages 10 and up
youthFILMproject.org

Tangled official website:
Disney.go.com/Tangled





Note to the Facilitator

Dear Group Facilitator:

This F.I.L.M. curriculum for *Tangled* is structured for use in conjunction with watching the movie and reading the fairy tale *Rapunzel* or exploring the *Tangled* books from Disney.

Tangled is a story for all ages. This guide is structured for youth 10 and older. The themes of many of the questions in this guide are appropriate for younger viewers as well, but some of the activities may need to be altered when using with younger youth.

The guide offers discussion topics, activities and service-project ideas for youth. Fairy tales, friendship and loyalty and pursuing one’s dreams are key themes in this guide.

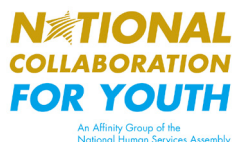
Synopsis

Walt Disney Pictures presents *Tangled*, one of the most hilarious, hair-raising tales ever told. When the kingdom’s most wanted – and most charming – bandit Flynn Rider hides out in a mysterious tower, he’s taken hostage by Rapunzel, a beautiful and feisty tower-bound teen with 70 feet of magical, golden hair.

Flynn’s curious captor, who’s looking for her ticket out of the tower where she’s been locked away for years, strikes a deal with the handsome thief and the unlikely duo sets off on an action-packed escapade, complete with a super-cop horse, an over protective chameleon and a gruff gang of pub thugs.






F.I.L.M. curricula are made possible through the partnership between Heartland Truly Moving Pictures and the National Collaboration for Youth. Heartland is a non-profit arts organization that seeks to recognize and honor filmmakers whose work explores the human journey. The National Collaboration for Youth is a non-profit organization providing a unified voice for its coalition of more than 50 national, non-profit, youth development organizations and concentrates on improving the conditions of youth in the United States and enabling youth to realize their full capabilities.



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The pencil icon designates pages of the curriculum that include activities or that can be distributed to youth as worksheets.



Introduction

Objectives for Youth

- Explore the *Rapunzel* fairy tale
- Consider what makes a strong and loyal friend
- Help others find and achieve their goals and dreams

Step 1) Read the books and see the movie

Tangled, presented by Disney, opens in theatres nationwide November 24, 2010.



Reading Materials

Tangled is based on the timeless tale *Rapunzel*, the story of the girl with impossibly long hair who is held captive in a tower until a handsome prince rescues her.

Rapunzel's story can be discovered in all *Rapunzel* fairy tales as well as in the *Tangled* books from Disney.

- *Rapunzel's Journal: Letting Down My Hair*, Disney Press
- *Rapunzel's Amazing Hair*, Disney Press
- *Tangled Read-Along Storybook and CD*, Disney Press
- *Tangled: Stick to Your Dreams*, Disney Press

Step 2) Participate

Take part in meaningful discussions and activities:

- Fantastic fairy tales
- Friendship and loyalty
- Encouraging other's dreams

Step 3) Take the lead to help others

Engage in a project within your community based on lessons learned in this curriculum. Project ideas are included in the curriculum; there is also a free, downloadable service-learning supplement to assist in the planning and managing of *Tangled* service projects. Please visit www.youthfilmproject.org/resources.htm to download the supplement.

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Module One: Fairy Tales

Note to the Facilitator:

Tangled is a new spin on the familiar story of *Rapunzel*, the timeless tale that has been retold for hundreds of years. The following section takes a look at the different variations of the tale of *Rapunzel* as well as identifies some similarities and differences between the age-old tale and *Tangled*. Additionally, inspired by the power fairy tales have to tell a story, this section gives youth an opportunity to write their very own update on a familiar fairy tale of their choosing.

Objectives for Youth

- Explore the tale of *Rapunzel* throughout history
- Identify some similarities and differences between *Rapunzel* and *Tangled*
- Strengthen writing skills and create a unique update to a familiar fairy tale



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Module One: Fairy Tales

Section One: From Fairy Tales to Film

Instructions: *Individually, or as a group, read the following section and do a bit of research on the different versions of the tale of Rapunzel. After learning more about Rapunzel, discuss the questions on the next page.*

Disney's *Tangled* is based on the well-known story, *Rapunzel*. *Rapunzel* is a German fairy tale that was published in the early 1800s in a collection of tales collected by the Brothers Grimm. The Brothers Grimm are well known for having published a great number of the fairy tales we know today. The story of *Rapunzel* has been around for much longer than when it was published in the 1800s, and even over the course of all these years the story has remained largely the same. While certain character specifics and details of the story have changed, the story of *Rapunzel* remains timeless.

Take the time to learn more about the different versions of *Rapunzel* and then compare those versions with the story of *Tangled*.

Here are some places to find the story of *Rapunzel* online:

www.surlalunefairytales.com/rapunzel/index.html
www.mythfolklore.net/andrewlang/094.htm
www.nationalgeographic.com/grimm/rapunzel.html

Some books to explore:

- *Rapunzel's Journal: Letting Down My Hair*, Disney Press
- *Rapunzel's Amazing Hair*, Disney Press
- *Tangled Read-Along Storybook and CD*, Disney Press
- *Tangled: Stick to Your Dreams*, Disney Press



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Module One: Fairy Tales

Section One: From Fairy Tales to Film

Discussion Questions

- Had you ever heard the story of *Rapunzel* before? Either on paper or with a partner, share the version of the story with which you are familiar.
- What are the main differences between the version of *Rapunzel* you know and the story in *Tangled*?
- How did those differences help make *Tangled* even more exciting?
- What was your favorite change to the story? Why?
- What are some of the similarities between the *Rapunzel* story you know and the story as it was told in *Tangled*?
- Do you think *Tangled* would still be identified as *Rapunzel* if these similarities were ever changed? Why?
- What purpose do fairy tales serve? Why do you think they continue to be told in different languages, cultures and even in different time periods? Why are the messages in fairy tales important?
- What are some of the most important lessons in the tale of *Rapunzel*? Have you heard these lessons told in other fairy tales? Which ones?



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Module One: Fairy Tales

Section Two: Weaving Your Own Tale

ACTIVITY

Instructions: *Think about your favorite fairy tale using the questions in the section below, and then update your favorite fairy tale on the following page using the creative writing prompt.*

Getting Started

Think of a fairy tale you know well and then take some time to think about and answer the following questions.

- What characters and situations help identify the story?
- What are your favorite parts of this particular fairy tale? Why?
- Have you read more than one version of this particular fairy tale? If so, what parts of the story change with each new version? What parts stay the same?
- Is there a movie version of this tale? How did the movie help you visualize the fairy tale?
- What are some situations that you and your friends are currently dealing with in your lives? Could any of these situations fit into the themes in this fairy tale?

If you need help learning about some well-known fairy tales, visit this page to learn more about lots of familiar stories:

www.vinton-shellsburg.k12.ia.us/tms/seventh/rdg7/fairy/fables.html

Creative Writing Activity

Now that you've thought about some of the things above, take some time to develop a new spin on an old fairy tale. Use the space on the following page to get started, then once you have finished your contemporary fairy tale share it with others.

Activity Extension

If enough people in your class or group participate in this creative writing exercise, compile a small book that contains these tales. If your group has some people who are stronger artists than writers, these individuals can draw pictures to accompany these new and creative fairy tales.

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Module One: Fairy Tales Section Two: Weaving Your Own Tale

ACTIVITY



A large rectangular area with a decorative dotted border, containing 20 horizontal lines for writing.

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Module Two: Friendship and Loyalty

Note to the Facilitator:

Tangled is a story that explores friendship and loyalty in many ways. Rapunzel is a very loyal character who is committed to her friends and family and who tries her best to keep all the promises she makes. Rapunzel is also fortunate to have very loyal friends in return, such as Pascal and, later, Flynn.

The following section explores friendship and loyalty not only in *Tangled*, but also in the lives of youth.

Objectives for Youth

- Explore what it means to be a friend
- Consider what is most valuable in a sidekick or companion
- Determine how to best communicate with others



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Module Two: Friendship and Loyalty

Section One: What it Means to be a Friend

ACTIVITY

Instructions: Using the questions below, consider what it means to be a friend. Then participate in the creative thinking activity below.

In the beginning of *Tangled*, Rapunzel lives alone in her tower and has no one to talk with except for Mother Gothel. However, Pascal the chameleon is always around to keep Rapunzel company or be near when she needs a friend. Pascal even works to help her make good decisions. Pascal's loyalty to Rapunzel helps her survive in her tower all alone when she is feeling down.

Discussion Questions

- Pascal is very loyal to Rapunzel. How does he demonstrate his loyalty and friendship to her?
- What does loyalty mean to you? What does friendship mean to you?
- What trait is most important to you in a friendship? Why?
- Do you have a friend who, like Pascal, seems to always be around when you need someone to talk to? Who is this person and how has he or she helped you?
- Think about and discuss all the different instances in which loyalty was demonstrated in *Tangled*. Consider all the different ways in which people demonstrate their friendship to you. How do your friends demonstrate their friendship? How do your parents show you their loyalty to you?
- How do you demonstrate friendship and loyalty to the different people in your life?

Activity

From Pascal to Maximus, from Flynn to Rapunzel, these characters all learned to be good friends to others. At first Flynn and Maximus don't get along, just as Rapunzel and Flynn don't get along. However, along the way, these characters overcome their differences and learn to work together to not only become good friends, but also to save the day.

Tangled demonstrates that friends don't have to be humans in order to be loyal and good. Think about both Maximus and Pascal. What qualities do they each have that makes them the perfect sidekicks and friends to Flynn and Rapunzel?

Think about these qualities and then create your dream sidekick on the following page.



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Module Two: Friendship and Loyalty

Section Two: What it Means to be a Friend

ACTIVITY

Instructions: *Take the time to think about what your perfect sidekick and friend would be. Use the space below to draw a sketch of what you imagine your sidekick to be like, as well as take the time to list all of the attributes you imagine this sidekick to possess.*

SIDEKICK'S NAME: _____



My Sidekick's Characteristics:

_____	_____
_____	_____
_____	_____



Module Two: Friendship and Loyalty

Section Three: Communicating With Others

Just as in *Tangled*, every single day people communicate in many different ways. They communicate in common ways such as through conversation, with eye contact and hand gestures. In *Tangled* people even communicate through music.

Instructions: Use the following discussion questions to help you think about all the different ways you communicate with friends and others around you and then take part in the suggested activities.

Discussion Questions

- Pascal and Maximus are unable to speak but they are still able to communicate with others. How are the ways they communicate similar to the ways humans communicate without words? How do eye contact and gestures help you better understand what people are communicating?
- How do you interact with your friends most of the time?
- If you communicate with your friends using Facebook, instant messaging or texting are your messages always clear? What are the differences you experience when you talk to your friends in person versus talking to them when you can't see their facial expressions and gestures?
- Have you ever had a misunderstanding with a friend based on poor communication? How did you resolve the situation?
- What are the benefits to talking with friends and acquaintances in person? What are the benefits of talking with friends and acquaintances with texts, emails or letters? Why?
- While you probably don't communicate with your friends using song, how do the characters in *Tangled* communicate using song? Do the songs in the movie help you better understand what's going on in the movie? Why or why not?
- Do any of these songs help you better understand the characters?
- What role does music play in your life? Have you ever thought of music as a method of communicating to others? How?

Activity

Try different methods of communicating. If you mostly talk to your friends using technology, take a break from texts and email for a whole day and try talking with your friends only face to face. After a full day of communicating only in person write a few notes to yourself about any major differences in communication with friends that you noticed.

Additionally, consider the way music plays a role in communication. Think about a thought or feeling you might not be able to talk to a friend about as easily as you'd like, and then think of some songs that deal with that particular feeling. Make a playlist or DVD to share with your friend and let the music help you communicate your feelings a little better.

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Module Three: Taking the Lead

Note to the Facilitator:

From the very beginning Rapunzel is a strong-minded teen with a mind for loyalty, keeping promises and helping others. And even though he's reluctant at first, Flynn eventually looks out for Rapunzel, helps her pursue her dream and befriends her when she needs it most.

Neither one of these characters starts out trying to be a hero, but soon each one demonstrates that with his and her heart in the right place both of them can help others. Use the following section to help youth realize just what they can accomplish when their hearts are in the right place!

Objectives for Youth

- Explore those things each youth dreams of pursuing
- Discover how important dreams are to others
- Help others realize their dreams



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Module Three: Taking the Lead Section One: Pursuing Dreams

When Flynn and Rapunzel enter the Snuggly Duckling they encounter a gang of pub thugs. While they seem mean and scary after Flynn treats them unkindly, Rapunzel brings out their soft and gentle side. Rapunzel sings of the dreams she has, and surprisingly, the pub gang members start to share their dreams too.

Instructions: *Use the discussion questions below to think about dreams for the future.*

Discussion Questions

- What was Rapunzel's dream?
- What were some of the dreams of the men at the Snuggly Duckling?
- Do you think Flynn's dreams changed over the course of the film?
- What are some of your dreams? Why do you dream of these things in particular?
- Do you ever use your dreams to help you set goals? If so, what are some of the goals that you have set?
- Have you ever set a goal that simply seemed like a dream, but that ended up coming true? What was it? When it came true how did you feel?
- How do you think you would feel if you weren't able to pursue your dreams?
- How do you believe dreams offer hope to people?



"TANGLED" (L-R) Atilla Cupcake, Tor Florist, Vladimir, Shorty, Hook Hand, Big Nose ©Disney Enterprises, Inc. All Rights Reserved.

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Module Three: Taking the Lead Section Two: Fulfilling Other's Dreams

Dreams are important to everyone. Some people are lucky enough to be able to pursue dreams on their own, but other people's circumstances prevent them from pursuing things they've always dreamed of.

Instructions: *Use the suggestions below to get involved with an organization that helps others realize their dreams.*

Get Involved

1. Find an organization that you and your group would like to support.

Organizations to Explore

Dream Factory: www.dreamfactoryinc.org

Dream Foundation: www.dreamfoundation.org

Make a Wish Foundation: www.wish.org

Special Olympics, Inc: www.specialolympics.org

2. Determine what this organization needs most. Can volunteering your time help the most? Will holding an event to help raise funds for this organization be the most effective use of your group's time?
3. As a group, plan a day to volunteer or develop an event for this organization. This day can be an all day festival to draw awareness to the organization of your choice, or it might be a two hour fundraiser to raise awareness and money to donate to your chosen organization. No matter what activity you choose, make sure when you plan that you use the strengths of everyone in your group.



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Module Three: Taking the Lead

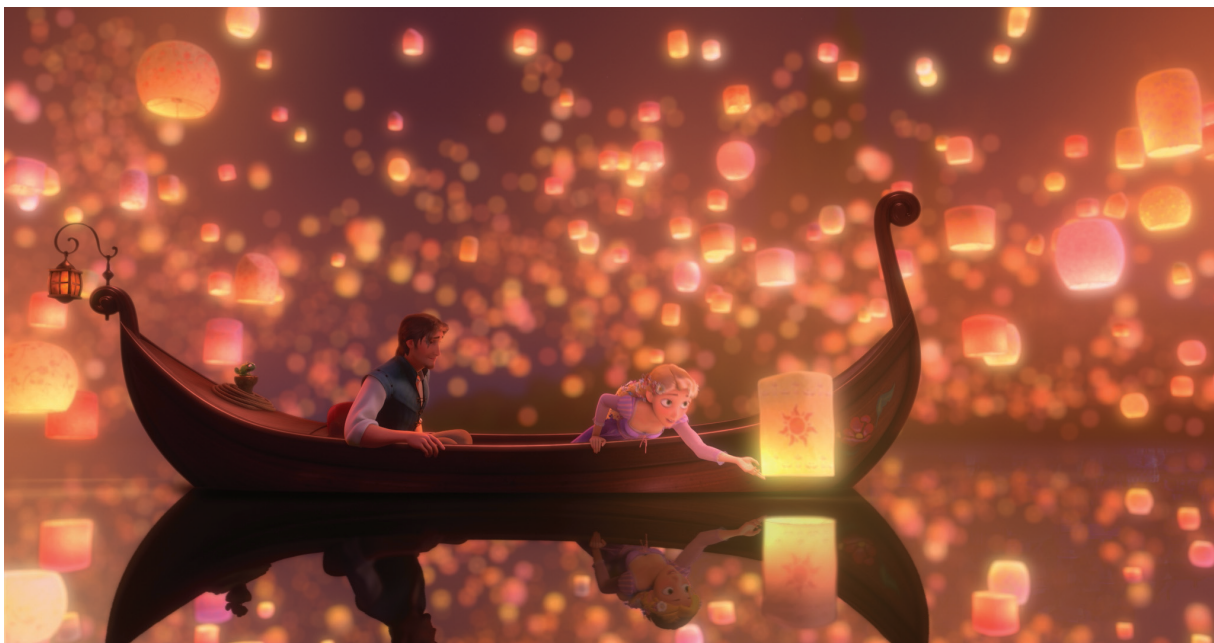
Section Three: Lanterns for a Cause

ACTIVITY

Each year the King, Queen and all the citizens of the kingdom release lanterns into the night sky on the lost princess' birthday. From Rapunzel's tower view, far away, she sees the lanterns each year and wonders what they are. When Flynn takes her to see them up close Rapunzel encounters their amazing beauty.

Just as the kingdom releases lanterns in honor of the lost princess, you can use lanterns to draw attention to the project you selected in the previous section.

Instructions: *Use the steps on the following page to make lanterns that you can incorporate into your service project or use to honor loved ones, lost ones and others.*



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Module Three: Taking the Lead

Section Three: Lanterns for a Cause

ACTIVITY

Materials Needed

- Rectangular piece of construction or craft paper, at least 8.5 X 11 inches
- Scissors
- Glue
- Ribbon, streamers, markers or other decorative items

How to:

1. If you would like a lantern that is covered in artwork, create a decorative pattern or picture on the piece of paper, making sure the paper is horizontal. If you simply want a plain lantern, skip to step two.
2. Fold the paper in half lengthways
3. With the paper folded in half, cut lines perpendicular to the folded edge, leaving about an inch of uncut paper at the top of the cut.
4. Unfold the paper and shape it into a cylinder with the cuts located vertically.
5. At the top of a lantern make a handle either out of a strip of paper, a piece of yarn or ribbon, or even a pipe cleaner.
6. Decorate your lantern by attaching streamers to the bottom of your lantern as well as any other embellishments you can think of
7. Hang in a tree or in your home along with a strand of white lights

Additional Lantern Option:

Making paper lanterns like the kind above allows you to make one-of-a-kind lanterns that show of your creative side. Here's another way:

1. Use small white paper bags, filled with about four inches of sand at the bottom. The sand at the bottom of the bags holds the bags in place and makes them stand up.
2. Place small, battery operated candles with artificial flames in the bottom.
3. Line walkways or other pathways with these bright white lanterns, which will look beautiful and help light up the night!

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Post Program Stories

Dear Group Facilitator,

Please take a few moments to share your experience using the *Tangled* Activity Guide with your youth at www.trulymovingpictures.org/institute/film-project/my-story. Your comments and stories serve to inspire others and help keep the F.I.L.M. Project alive.

Thank you for your support!

Sincerely yours,

The FILM team

The F.I.L.M. Team
filminfo@trulymovingpictures.org



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